



The **WEST VIRGINIA PREVENTION FIRST ALLIANCE** is a network of organizations that promote substance use prevention and education. Prevention is an integral part of the continuum of care and is a critical component of any thriving community. Community members, lawmakers, health professionals, educators, law enforcement, faith leaders...we all have a role in restoring health and hope.

If someone you know is struggling with a substance use or mental health issue, please share the resources on this card.

To learn more about prevention efforts, resources, and trainings in your area, visit HelpandHopeWV.org

Tear off this card and keep it in your wallet. 

If you or a loved one are struggling with substance use or mental health issues, there is help and hope.



844
HELP4WV

1-844-435-7498 or
help4wv.com

24/7 call, chat, and text line

988 SUICIDE & CRISIS
LIFELINE

National 988 Suicide & Crisis Lifeline
988lifeline.org

24/7 mental health crisis and support -
call, text, or chat

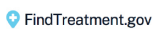
For a medical emergency or substance use overdose, CALL 911.



GET HELP. For emergencies call 911.



For 24/7 Help With a Substance Use or Mental Health Issue
1-844-435-7498
help4wv.com



Substance Use and Mental Health Treatment Locator
findtreatment.gov
1-800-662-HELP (4357)
1-800-487-4899 (TTY)



Alcohol Treatment Navigator
alcoholtreatment.niaaa.nih.gov



Find a Narcotics Anonymous Meeting Near You
na.org/meetingsearch



Find an Alcoholics Anonymous Meeting Near You
aa.org



West Virginia Poison Control
wvpoisoncenter.org



National 988 Suicide and Crisis Lifeline
988lifeline.org



Prevent Suicide WV
preventsuicidewv.com/help



For 24/7 Help With a Gambling Problem
1800gambler.net



Find Your Local Health Department
dhhr.wv.gov/localhealth/Pages/Map.aspx



Help304 West Virginia's Emotional Strengthline
HELP304 provides social, emotional, and supportive counseling via call, text, and chat.
help304.com

Tear off this card and keep it in your wallet.

GET CONNECTED

and learn about resources available.



Help & Hope WV

HelpandHopeWV.org



Stigma Free WV

StigmaFreeWV.org

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